

BERNINA⁺

Bernina Blossoms

Created by Becky Goldsmith



Becky Goldsmith and Linda Jenkins own and operate Piece O' Cake Designs, a company specializing in quilt books and patterns. They are especially known for their appliqué designs.

This bouquet of blue blooms is appliquéd and quilted using freemotion stitching techniques.

Supplies

- BERNINA[®] sewing system
- your favorite freemotion presser foot—we suggest one of the following:
 - Freehand Quilting Foot #29/29C
 - Freemotion Embroidery Foot #24
 - Darning Foot #9
 - Embroidery Foot #15
- a wide variety of plaid and striped fabric scraps for appliqué
- $\frac{5}{8}$ yard light plaid (background)
 - cut 1 rectangle 19" x 23"
- $\frac{1}{4}$ yard green stripe (tablecloth)
 - cut 1 strip, either on-or off grain, $5\frac{1}{4}$ " x 19"
- $\frac{1}{3}$ yard blue-gray solid (border)
 - cut 2 strips $2\frac{1}{2}$ " x $22\frac{1}{2}$ "
 - cut 2 strips $2\frac{1}{2}$ " x $21\frac{1}{2}$ "
- $\frac{5}{8}$ yard plaid (binding)
- $\frac{3}{4}$ yard (backing & sleeve)
- 25" x 30" thin batting
- coordinating 60 weight cotton threads
- #70/10 Sharp sewing machine needles
- temporary fabric adhesive spray (HR5)
- rotary cutter and mat
- Nifty Notions "Cut for the Cure" 7" x 24" ruler
- Bubble Jet Set 2000 (optional—for label)

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Block & Border Assembly

Applique Block

Sew the tablecloth to the block background. If you cut the tablecloth off-grain, be careful not to stretch its outer edges.

Enlarge pattern (page 2) 400% (or enlarge 200%, then another 200%).

Use your favorite appliqué transfer technique to cut and position the appliqué pieces, cutting them from a variety of plaid and striped fabrics.

Use temporary fabric spray adhesive (HR5) to attach the appliqué pieces to the block.

After all appliqué pieces are positioned, press the block on the wrong side. Trim the block to 17½" x 22½".

Applique Border

Sew a 2½" x 22½" strip to each side of the quilt. Press to the border.

Sew a 2½" x 21½" strip to the top and bottom of the quilt. Press to the border.

Refer to the photo and illustration and scatter some 1" x 1" squares in the border. Be careful to keep these squares at least ⅜" from the raw edges of the border. Secure squares in place with temporary spray adhesive.

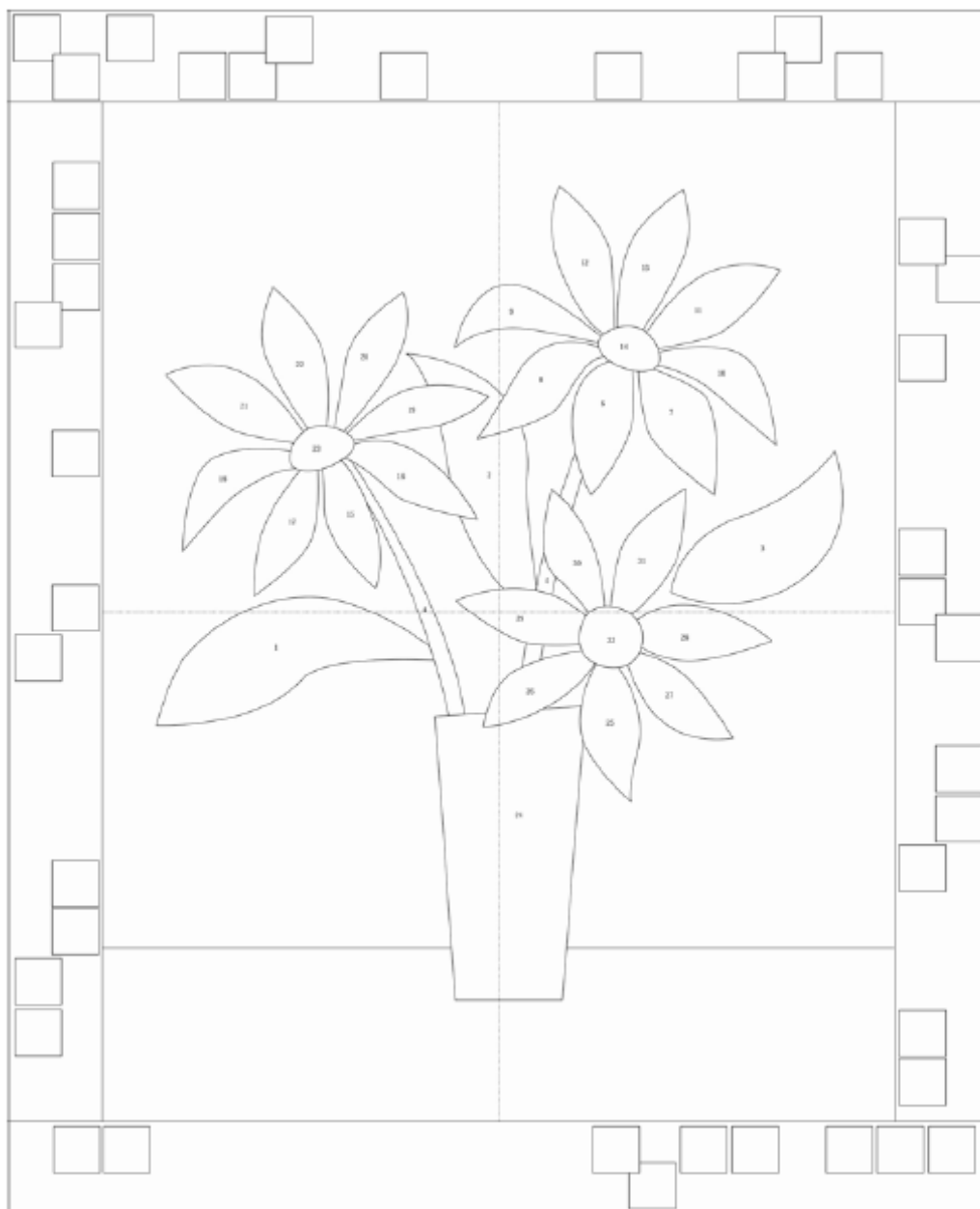
enlarge pattern 400%
(or enlarge 200% and
then another 200%)

Quilt Assembly

Place the quilt backing wrong side up on a flat surface. Lightly spray one side of the batting with adhesive; smooth in place over backing.

Spray batting surface with adhesive; smooth quilt front in place over batting/backing.

Affix a freemotion presser foot to the machine. Insert a new Sharp needle and thread machine with fine cotton thread in the needle and bobbin.



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A note from Becky:

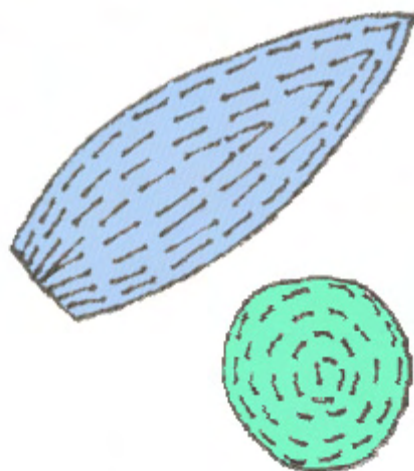
I prefer to quilt with a thread that is "low profile." I use a fine thread in a color that matches the fabric it is on top of. This keeps the appliqué as the primary focus of the piece. In some cases I followed the linear pattern in the fabric for the quilting pattern. In other cases I followed the contours of the appliqué piece.



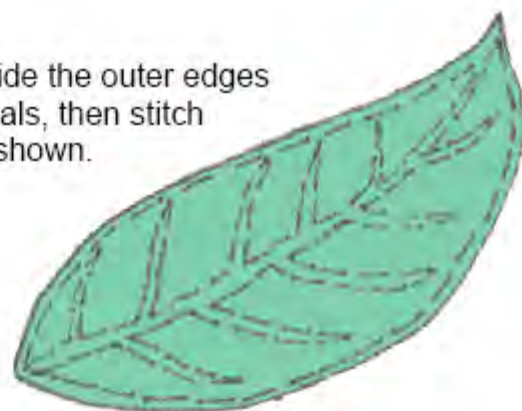
Flower Petals
Stitch inside outer edges of petals, then continue outline quilting inside the petals.

Flower Centers
Stitch spirals inside the circular flower centers.

Stems
Stitch inside the outer edges of the petals, then stitch a third line between the first two.



Leaves
Stitch inside the outer edges of the petals, then stitch veins as shown.



The BERNINA[®] Stitch Regulator

The BERNINA[®] Stitch Regulator (BSR), with two stitching modes, offers regulated, even stitches, no matter the speed or direction of stitching. A "beep" signals if fabric is moved too quickly.



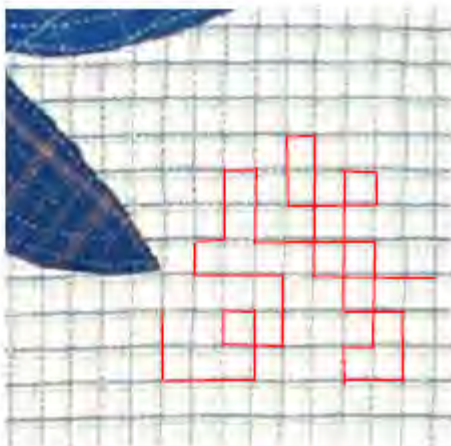
During freemotion stitching, the BSR adjusts the needle movement to coordinate with the movement of the fabric, aiding in the production of consistent, regular stitches. All you have to do is lower the feed dog and move the fabric!

The BSR operated with a camera-like sensor that reads the fabric through an optical lens in the foot. The sensor "looks" at the fabric, senses the movement, and calculates the distance—then directs the needle to stitch depending on the selected stitch length settings. For example, if the stitch length is set at 2.5mm, the sensor calculates the distance and stitch frequency, repeating stitches with regular precision regardless of the speed at which the fabric is moved.

The BSR works on a variety of surface textures—including velvet, lame, fleece, corduroy, and denim—making it perfect for a wide range of freemotion stitching applications.

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Background
“Doodle” around the checks as shown, or create your own pattern based on your fabric selection.



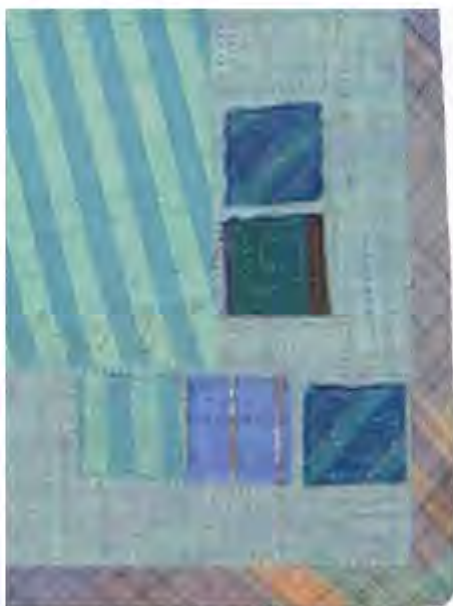
Vase
Stitch inside the outer edges of vase, then outline each vertical line of the plaid or create your own pattern based on your fabric selection.

Tablecloth
Stitch along edges of each stripe, or create your own pattern based on your fabric selection.

Border Squares
Outline inner edge of each square, then fill centers with one of the following:

- circular spiral
- square spiral
- outlined stripes
- X

Border
Stitch square and rectangular spirals to fill space around appliquéd squares.



Binding
When quilting is complete, make and attach binding using your favorite method.

Make and attach a sleeve.

Make and attach a label to document your quilt. Be sure to include your name, as well as when and where the quilt was made. This one was created by treating the fabric with Bubble Jet Set 2000, then using a computer to print the treated fabric which was then appliquéd to the back of the quilt.



New from Piece O' Cake Designs

Quilts with a Spin and Curl-Up Quilts are the latest releases from Becky Goldsmith and Linda Jenkins, also known as Piece O' Cake Designs. Visit —www.pieceocake.com—for more information on these and other publications.

